

THE ORAL-SYSTEMIC FACTS ARE...

...at least 80% of American adults have gum inflammation/disease.

...increased trigeminal nerve traffic from TMJ and bad dental bite can create central sensitization and migraines.

...gum disease is linked with blood vessel disease, heart attacks and strokes.

...poor ventilation during sleep triggers nighttime clenching & bracing to maintain the airway.

...gum disease and tooth loss increases risk of Alzheimer's disease.

...bad bites and poor oral-facial development increases risk for sleep apnea.

...if you have diabetes and bleeding gums, your risk of premature death increases by 400 to 700 percent.

...cavities are caused by acid-loving bacteria spread during kissing and sharing food.

...gum disease increases risk for head & neck cancer, and pancreatic and kidney cancer.

THE
AMERICAN ACADEMY FOR
**ORAL SYSTEMIC
HEALTH**

...oral bacteria are being found in brain tissue, heart vessels, joints, and many other parts of your body.

Your mouth talks
to your body...

...and your body
talks to your mouth

What Happens In Your Mouth...Does NOT Stay in Your Mouth!